

IMMUNIZATION



**SOME
THINGS
YOU NEVER
OUTGROW**



ADULTS NEED SHOTS, TOO

Just like children, adults need immunizations to stay well. In fact, shots help prevent diseases that affect millions of adults every year – diseases that can lead to hospitalization or even death.

SAFE AND EFFECTIVE VACCINES

There are safe and effective adult shots that help prevent the flu, pneumococcal disease, hepatitis A and B, measles, mumps, rubella, tetanus, diphtheria, and chickenpox.

TAKE CHARGE OF YOUR HEALTH

Be sure to ask your doctor, pharmacist, or other health care provider about the immunizations you need. Also, check with your health plan to see what shots are covered.



IMMUNIZE. IT'S GREAT HEALTH ADVICE.

Published by the National Coalition for Adult Immunization, Bethesda, Maryland, with financial support from the Centers for Disease Control and Prevention and Merck Vaccine Division

